

PROBLEM GAMBLING TREATMENT & SUPPORT ADVISORY COMMITTEE (PGTSAC)

Minutes - Draft

DATE/TIME: Tuesday, October 29, 2024 10:00 AM – 12:00 PM ET

LOCATION: VCSB, 6641 W. Broad St. Suite 102, Glen Allen, Va

Members:

Anne Rogers, Chairperson – PG Prevention Coordinator, Office of Behavioral Health Wellness	x	
Carolyn Hawley PhD, Vice-Chair – Executive Director of VCPG	x	
Khalid R. Jones – Executive Director, Va. Lottery	x	
Michael Menefee – Program Manager of Charitable and Regulatory Programs	x	
Waqas Ahmed –Executive Secretary, Va. Racing Commission	x	
Jim Bebeau – Executive Director of Danville Pittsylvania CSB		x
Colleen Carraccio – Director of Compliance, Portsmouth Rivers Casino	x	
Vacant – Vice President of Administration, Colonial Downs		
Chrissy Thurmond – Head of Responsible Gaming Relations, DraftKings		x
Charitable Gaming Representative - Vacant		

Others: Tom Dozier, Brianne Doura-Schawol, Tad Burman, Jill Vaugn, Jennifer Mullen, Ray Dunkle, Don McCourtney, Wendy Hunt, Brian Hundley, Regina, Veronica Turner, Shruti Sampath, Emma Freeman, Conrad Wash, Willard Robertson, Joe Dashiell, Bianca Gonzalez-De La Rosa, Jennifer Davis-Walton, James Bushong, Lisa Cochran, Azeem Majeed, Sean Fournia, T Schweimler, Elizabeth Childress, Keith Whyte

- I. Welcome – Meeting began at 10:00 am. Attendance taken, 2 positions are currently vacant (representatives from Historical Horse Racing and operator of Charitable Gaming), two members are absent.
- II. Minutes of Last Meeting for Approval – Mr. Menefee moved to accept minutes, Ms. Caraccio seconded. No discussion or opposition.
- III. Presentation from Wendy Hunt of Prince William County CSB on the collaboration with Rosies and The Rose in preventing PG and promoting wellness in their staff. To learn more, see the presentation slides or the recording of the meeting.
- IV. Presentation from Brian Hundley and Regina Clark of Piedmont CSB on the work they are doing to prevent problem gambling through merchant education, presentations, and combining problem gambling prevention with substance misuse prevention. To learn more, see the presentation slides or the recording of the meeting.
- V. Member Updates –
 - a. DBHDS is currently working with the office of procurement to enter into a contract with Omni to evaluate problem gambling prevention, treatment and recovery services.
 - b. Lottery presented on the self-exclusion data. The numbers have continued to grow, and some of those whose timeframe ended have re-signed up for the program. Those registered are not sent notices that their self-exclusion is ending so those signing up to continue show they find this beneficial. Dr. Hawley noted the demographics appear similar to what they are seeing with the help-line data and that it would be good if those whose self-exclusion period is ending if they can be provided help-line resources.
 - c. DBHDS is working with DOE, OMNI, and the CSB's to develop a school-based curriculum that schools can use to educate about problem gambling and gaming. The reason they are developing this versus using a pre-existing curriculum is they have heard from schools that they can't fit in a multiple session program into the classroom. Plus some of the pre-existing curricula actually include a component of teaching how to play the games. This one will

offer both an in-person and virtual options for teachers to use that can be done over a single class period and will meet the SOL guidance. It is being developed using prevention best practices.

- d. Through the partnership we will be purchasing a membership with eVIVE and using it to enhance some treatment and recovery services. We will assess its impact on services in deciding to continue past this initial time. It will also be offered to prevention providers to use to promote responsible gaming activities.
- e. VCPG updates – The number of callers to the helpline tends to be lower in the summer but with football starting back up they expect the number of callers will increase again. Callers are starting to trend younger. They've had 1300 visitors to their website and newsletter goes out to 2200 individuals. They have 25 new clinicians in their network, so there are now 136 clinicians in the network. Providing supervision and workforce development to Peer Recovery Specialists (PRSs). Each of the 5 PRSs handles about 80-100 individuals. Upcoming webinars include domestic violence and gambling and in January and Gambling's Continuum of Care.

VI. Legislation and Funding – Dr. Hawley provided information on:

- a. SB124 from last year bumped to this year – regards to betting on in-state colleges. They have concerns about this bill and how it may increase the propensity of students for wagering.
- b. A bill on establishing Gaming Regulatory should be coming this year as well
- c. Expects there to be a bill on skill games.
- d. Funding issues were discussed – the amount of funding we have access to versus what is needed to fully fund all the prevention, treatment and recovery efforts do not match. We can only spend to what our appropriation is – we can put in a request to increase funding, which Ms. Rogers has done, but the Department of Planning and Budget (DPB) and the Secretary only allow one time budget items through this process and even then they only except certain items. To get the appropriation permanently raised to meet the amount of revenue we have coming into the fund this has to come from the Legislature or Governors budget bill. The process is DBHDS program staff (Ms. Rogers, Mr. McCourtney and others) determine what the needs are and submit a budget plan to finance. Finance and DPB may adjust the request before it moves on to the legislative process. This is very common and a regulatory requirement for agencies in the Executive branch, whereas independent agencies do not have this process. A suggestion was that Ms Rogers present the budget needs to this committee and if all sign off on this and present it to the Commissioner and cabinet that may be helpful. The appropriation must come from the legislature or Governor. Another suggestion was to invite the Commissioner to attend one of our meetings.
- e. Mr. Burman is a liaison for the gaming commission. He reported there is movement toward having a bill to legalize i-gaming this coming session. Although he does not believe there is much support for it. He discussed the bill to try to legalize in-state college betting, and that some of the bookies are saying their business is doing well since it is not available on legal sites. He sees the problem to mostly be with Prop betting and how this can cause some players to get harassed.
- f. Conferences: March 19th is a problem gambling conference in Abingdon, VA. November 8th is a virtual half day conference that will include stories, support systems, signs and symptoms.

VII. Adjourned at 11:45. The next meeting, January 28 is all virtual.

Prince William Community Services & Rosie's:
A Collaboration for Responsible Gaming Education Month

Discussion Started:

- What does Rosie's do for Responsible Gaming Education Month?
- How can PW Community Services offer support?
- The Rose Gaming Resort opening Fall 2024
 - Opportunity to engage new staff during their training period.

Brainstorm:

- Focus on Responsible Gaming Education and Employee Wellness.
 - Brainstormed different, creative ways to engage staff. (i.e. presentations, scavenger hunt, wellness kits, etc.)

Take-A-Break Wellness Kits

TAKE A BREAK TOOLKIT



Create a "Take A Break: Bag!"
Add each item on the table to
your bag!

Mindfulness
cards bring
peace,
gambling can
be stressful.
Find calm in
mindfulness!

**YOU CAN
DO IT!**



Winning can be
sweet but candy is
even sweeter!



Fidgets soothe if
gambling consumes
- make the switch!



Grab a notepad to set a budget!
OR
Take a moment to be
mindful!

*Gambling can
become a
mental health
matter. So it's
important to
set time limits
and take a
break for well-
being!*

Before You Play, Be Prepared!!



**Before you play,
be prepared.**

Know the Warning Signs of Problem Gambling

- Can't stop thinking about gambling
- Increased spending on gambling
- Unsuccessful attempts to stop gambling
- Gambling causing problems with work, relationships, or emotions
- Relying on others to pay for things because of gambling
- Chasing losses

For more
information, contact:
Wendy Hunt
whunt@pwcgov.org

Responsible Gambling Tips

- Know the game and **play it safe**
 - Time's up? **Walk away**
- Set a **spending limit** and stick to it
 - Only gamble for fun, **not profit**
 - **Losing** is a part of the game
 - **Don't borrow** money to gamble
- **Keep gambling in its place** - don't let it mess with your relationships or job
- **Don't use gambling as a way to cope** during tough times

Many people living with
problem gambling are at
higher risk for a broad range
of health and mental health
problems such as:

- * Alcohol misuse
- * Tobacco use
- * Substance misuse
- * Distorted thought patterns
- * Depression and/or anxiety
- * Suicidal thoughts

PRINCE WILLIAM
Community Services

Take-A-Break Toolkits Included:

- Problem Gambling Prevention Brochure
- Activate Your Wellness – Financial Wellness Worksheet
- Safer Gambling Rack Card
- What Happens When You Call the Helpline Rack Card
- Notepads
- Colored pencils Pen
- Fidgets
- Candy
- Propel packets
- Mindfulness Activity cards
- Calm Strips
- Chapstick

Building Kits & Engaging Staff



3 Days, 466 Participants

Rosie's Gaming Emporium: 216

The Rose Gaming Resort: 250

For more information on Problem Gaming & Gambling
Prevention in the Greater Prince William Area:

Wendy Hunt MA, CSAC, QMHP-A
Wellness and Prevention Supervisor
Prince William Community Services
whunt@pwcgov.org



Problem Gambling Prevention Efforts Piedmont Community Services

Brian Hundley, Gambling Prevention Coordinator

Regina Clark, Director of Prevention Services





NCPG

National Council on Problem Gambling



VIRGINIA COUNCIL on PROBLEM GAMBLING

Trainings We Conduct



Gaming & Gambling 101

PRESENTED BY: BRIAN HUNDLEY – PREVENTION COORDINATOR

MARTINSVILLE, VIRGINIA



HELP FOR PROBLEM GAMBLING

CALL 1-800-GAMBLER
TEXT 800-GAM
CHAT 1800GAMBLERchat.org







WARNING SIGNS OF PROBLEM GAMBLING

Borrowing for gambling.	Hiding time spent gambling or hiding bills and unpaid debts.	Restless or irritable when not gambling
		
		
Lying about how much time or money is spent on gambling	Spending a lot of time gambling, thinking about or planning to gamble.	Bragging about winning, exaggerating wind and/or minimizing losses

OnlineUnitedStatesCasinos.com



IF YOU OR SOMEONE YOU KNOW HAS A GAMBLING PROBLEM VISIT



VIRGINIA COUNCIL ON PROBLEM GAMBLING



Piedmont
Community
Services

Call or Text the Toll-Free Helpline
1-800-GAMBLER

1-800-GAMBLER

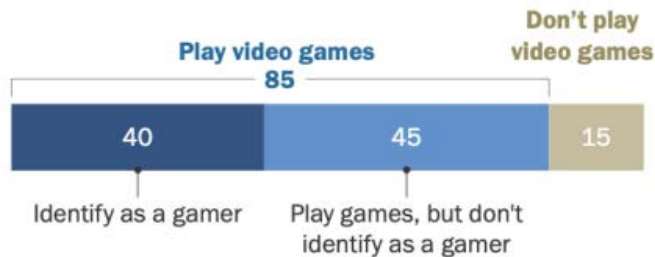
HELP FOR PROBLEM GAMBLING

For Individuals, Families
and Loved Ones



Most teens play video games, and 4 in 10 identify as gamers

% of U.S. teens ages 13 to 17 who say they ...



Note: Those who did not give an answer are not shown.

Source: Survey conducted Sept. 26-Oct. 23, 2023.

"Teens and Video Games Today"

PEW RESEARCH CENTER



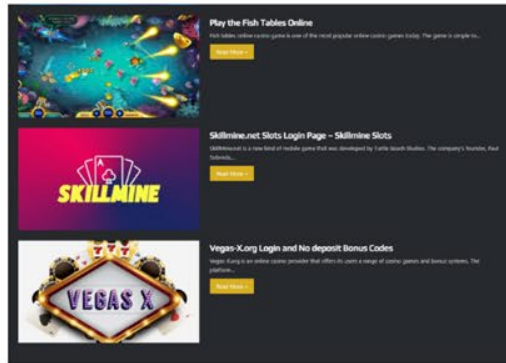
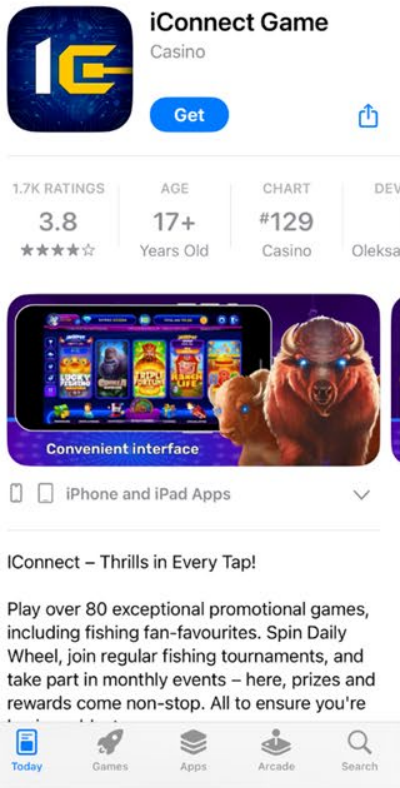
GAME QUITTERS

Life Unlocked.



Merchant Education on the
importance of carding minors for
tobacco products, lottery and any type
skilled gaming

Gambling Kiosk Machines





JOIN US FOR A

HOUSE PARTY

AND EXPERIENCE THE WORLD YOUR KIDS LIVE IN

FREE!!! INFLATABLES
FAMILY MEAL
EDUCATION
RESOURCES
PRIZES!

MARCH 16TH, 2024
12PM - 3PM | DROP BY EVENT

**PATRICK & HENRY
COMMUNITY COLLEGE GYM
645 PATRIOT AVE**

WHAT TO EXPECT....

Bring your family and join Drug-Free MHC and Partners as we take you on a tour of our "home".

- Community organizations & experts equipping families with tools to create safe environments that protect the youth in our community.
- Children enjoying a "backyard" zone complete with inflatables & activities for all ages & receive age-appropriate encouragement on how to make positive drug-free choices.
- End the afternoon with FREE hot dogs with your family & put your new tools to use!

**CALL (276) 634-2910 TO ARRANGE FREE TRANSPORTATION
TO AND FROM THE EVENT**



DRUG-FREE MHC

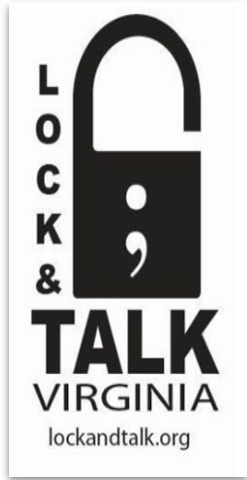


PIEDMONT COMMUNITY
SERVICES
PROVIDING SUPPORT



MHC AFTER 3





Keep Your Medication Safe

Help stop prescription drug abuse and keep your family safe!



Free Small and Large Medication Lock Boxes available to community members

**For more information call or email: Brian Hundley
276-201-2385 / bhundley@piedmontcsb.org**



PIEDMONT COMMUNITY SERVICES
PROMOTING COMPASSIONATE SOLUTIONS...

1-800-GAMBLER
HELP FOR PROBLEM GAMBLING



DRUG-FREE MHC

Piedmont Community Services

VCPG
VIRGINIA COUNCIL ON PROBLEM GAMBLING

Break the Cycle
National Center for Problem Gambling



Problem gambling? Help is available.

A gambling addiction can affect loved ones and often happens in the shadows.

Self Quiz:

- ☐ Have you become restless or anxious when trying to stop/cut down on gambling?
- ☐ Have you tried to keep your family or friends from knowing how much you gamble?
- ☐ Have you had financial trouble as a result of gambling?



Call 1-800-GAMBLER
Or go to: ResponsiblePlay.org

¿Problema con los juegos? Ayuda está disponible.

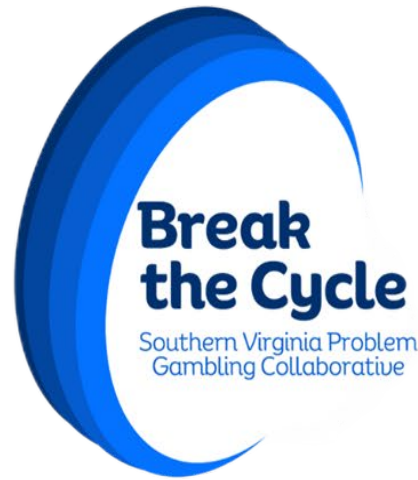
La adicción a los juegos puede afectar a los seres queridos y muchas veces pasa en las sombras.

Autoexamen:

- ☐ ¿Se ha convertido inquieto o ansioso cuando trata de parar/ reducir el tiempo que pasa jugando?
- ☐ ¿Ha tratado de evitar que su familia o amigos sepan cuánto juega?
- ☐ ¿Ha tenido problemas financieros como resultado del juego?



Llame al 1-800-GAMBLER
O vaya a: ResponsiblePlay.org



DANVILLE-PITTSYLVANIA
COMMUNITY SERVICES



About SVPGC

Southern VA Problem Gambling Collaborative is a community organization committed to addressing the serious issue of problem gambling. Established in 2024 we are at the forefront of prevention, education, advocacy, and support for anyone affected by problem gambling. We are passionate about making a positive impact in our community.

We offer:

- Education
- Outreach
- Resources

Meet the Team:

Tyler Bushong, *Danville-Pittsylvania
Community Services*

Kenan Tyner-Smith, *Southside Behavioral
Health*

Brian Hundley, *Piedmont Community Services*

Join SVPGC

Working together, we can make a difference by offering support and resources to those who struggle with Problem Gambling.

Please consider joining our collaborative today.



Ready to get Help?

call
1.800.GAMBLER
text
800GAM

National Council on Problem Gambling:
ncpgambling.org



if you are in a crisis, call or text

988

Are you or someone you know struggling with gambling?

Breaking the Cycle Starts Here



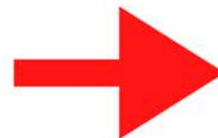
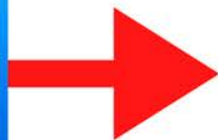
Southern Virginia
Problem Gambling Collaborative

1.800.GAMBLER



For more information on Problem Gambling Prevention and the Southern VA Problem Gambling Collaborative

Scan QR Codes:



SVPGC Website



Who are we?

A community organization focused on promoting of awareness of problem gambling, increasing communities' capacity to address problem gambling and helping to connect those who struggle with problem gambling to resources.

How do we do this?

- Convening community stakeholders
 - Monthly Leadership Meetings
 - Quarterly Community Meetings
- Trainings/Presentations
- Environmental Scans
- Merchant Education
- Promotion of 1.800.GAMBLER hotline

How can YOU get involved?

scan here to join SVPGC:



Want more information?

Contact us: svpgc@dpcs
svpgc.org

Visit us:





Get involved as we find solutions
to Problem Gambling

JOIN US FOR OUR KICK OFF MEETING

Thursday, November 7, 2024
10-11am via ZOOM

Scan here to
register and the
Zoom link will be
emailed to you.





- Gambling Anonymous
- Trained PG Clinicians
- Advocacy
- Youth PG and RG Education
- PG Outreach
- Resources



THANK YOU!

Brian Hundley

Gambling Prevention Coordinator
bhundley@piedmontcsb.org

Regina Clark

Director of Prevention Services
rclark@piedmontcsb.org





VIRGINIA LOTTERY

Voluntary Exclusion Program Update

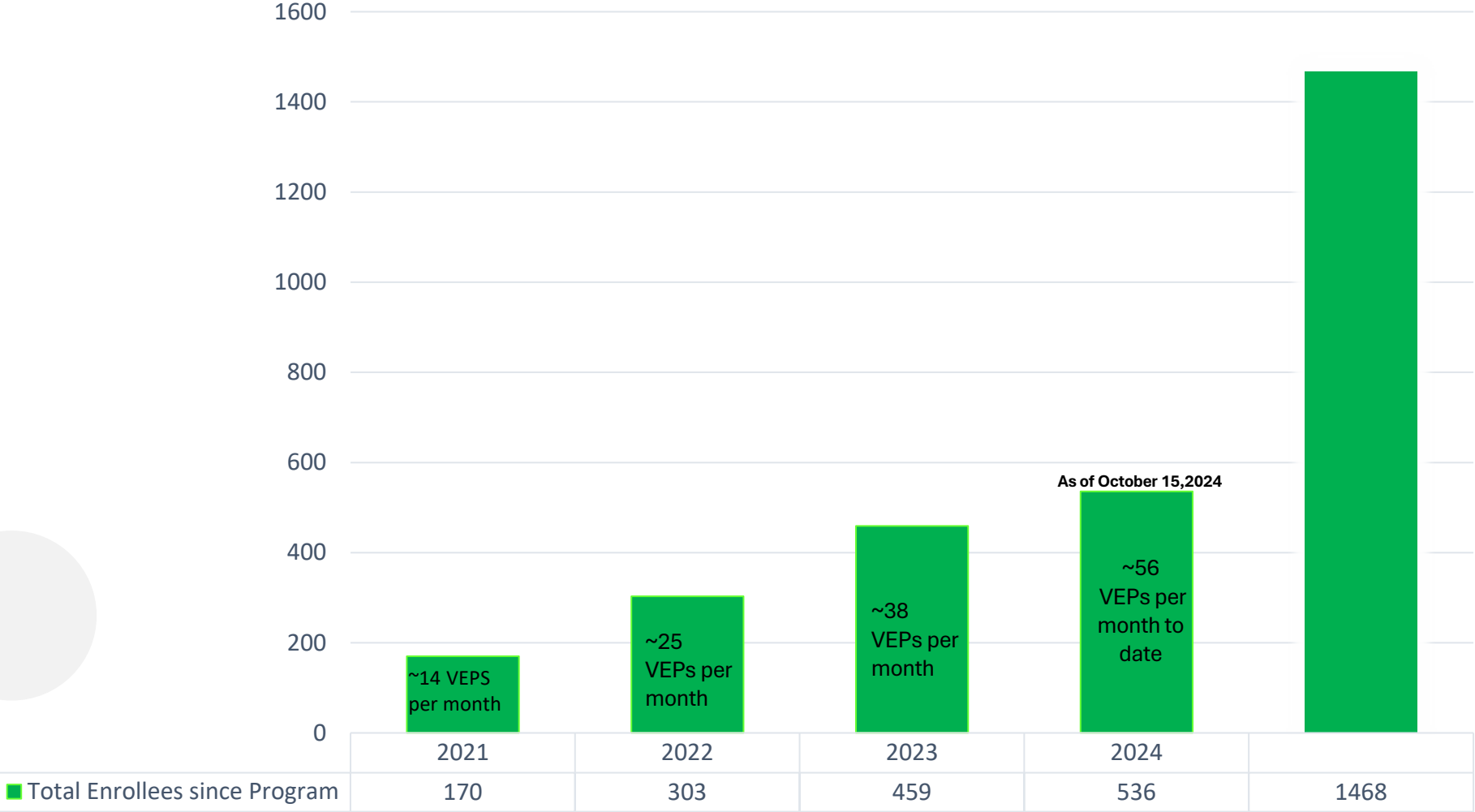
Problem Gambling Treatment & Support Advisory Committee

October 29, 2024



Voluntary Exclusion Program

Program Enrollment as of October 15, 2024 – 1468 *(Active & Inactive)*

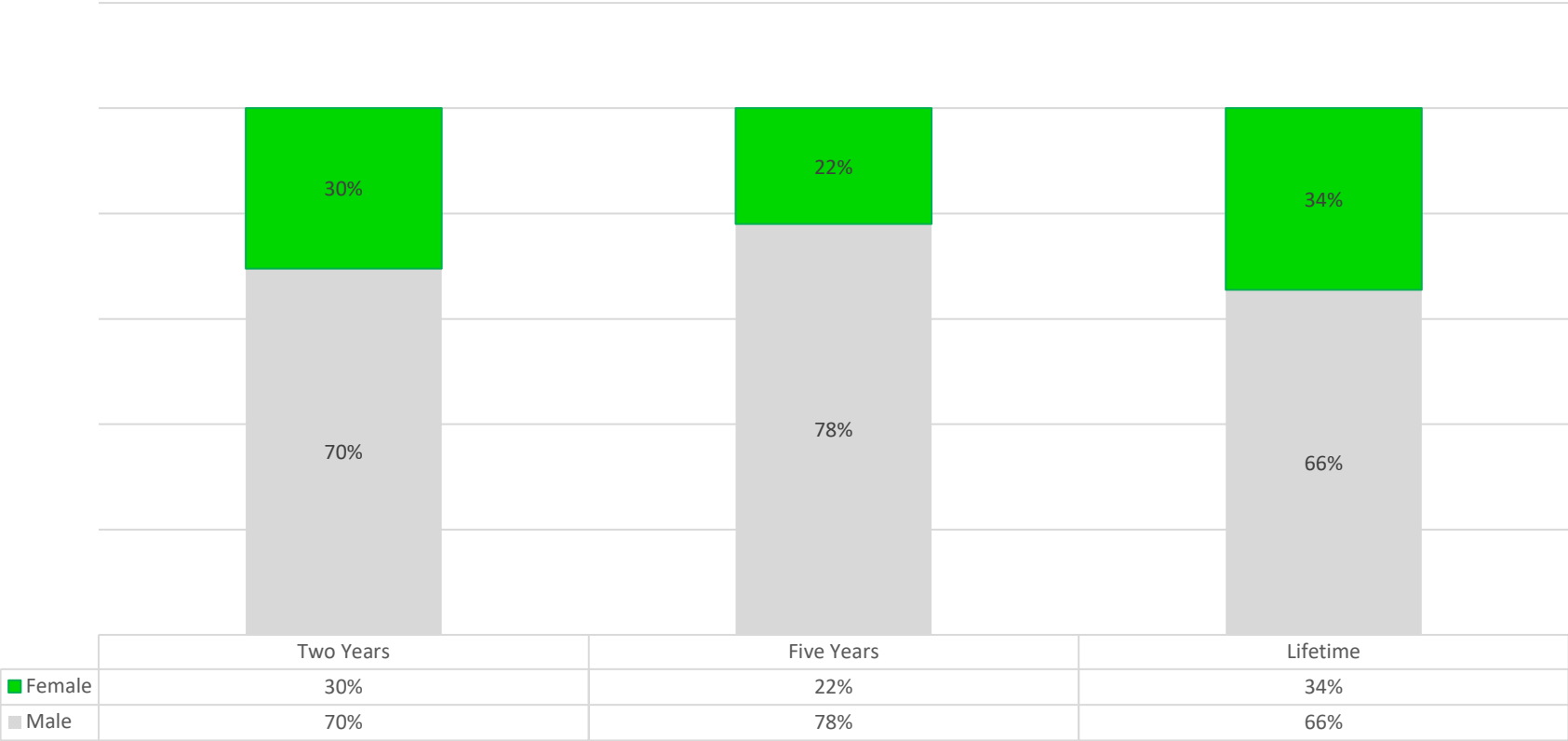


VIRGINIA LOTTERY

Voluntary Exclusion Program

Exclusion Period Breakdown by Gender

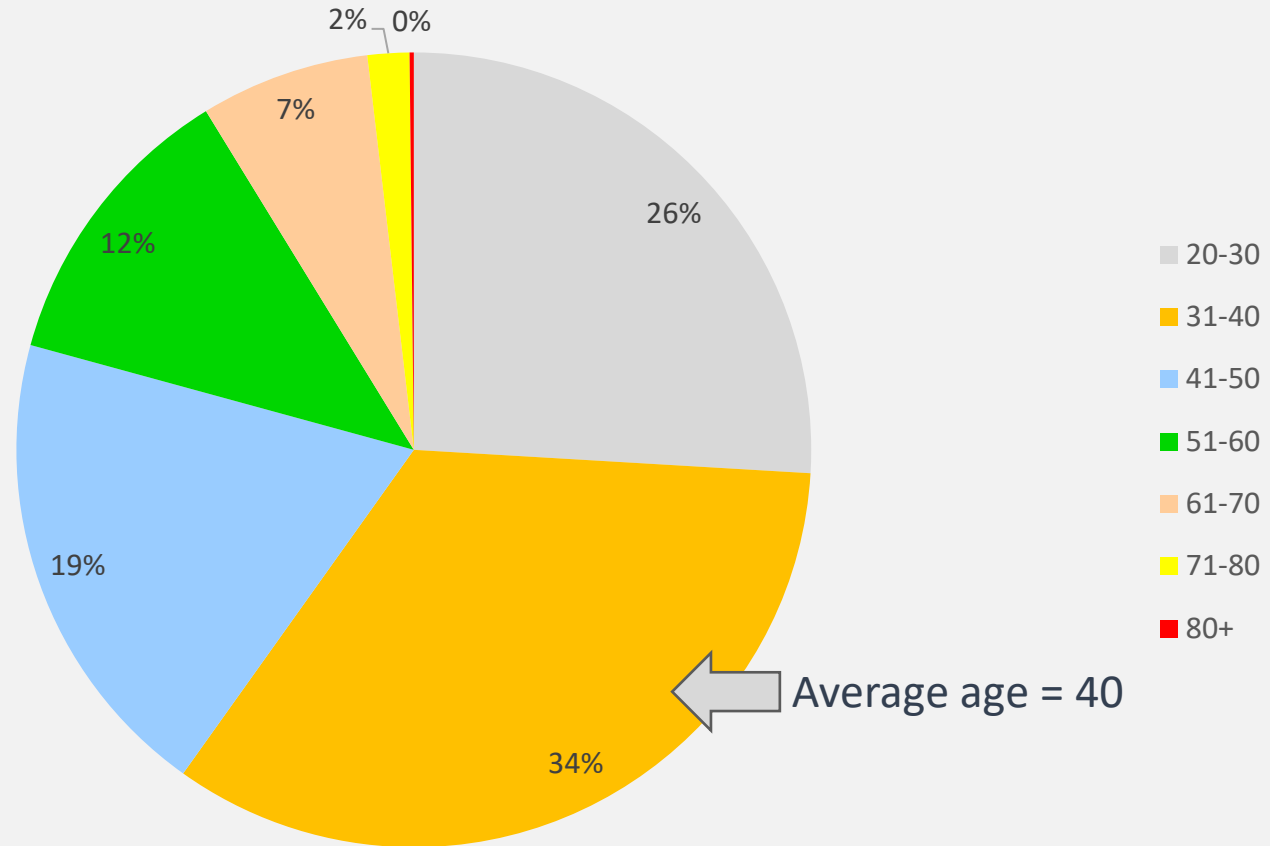
Active enrollments as of October 15, 2024 = 1305 (972 Male (74%); 333 Female (26%))



Voluntary Exclusion Enrollees By Age

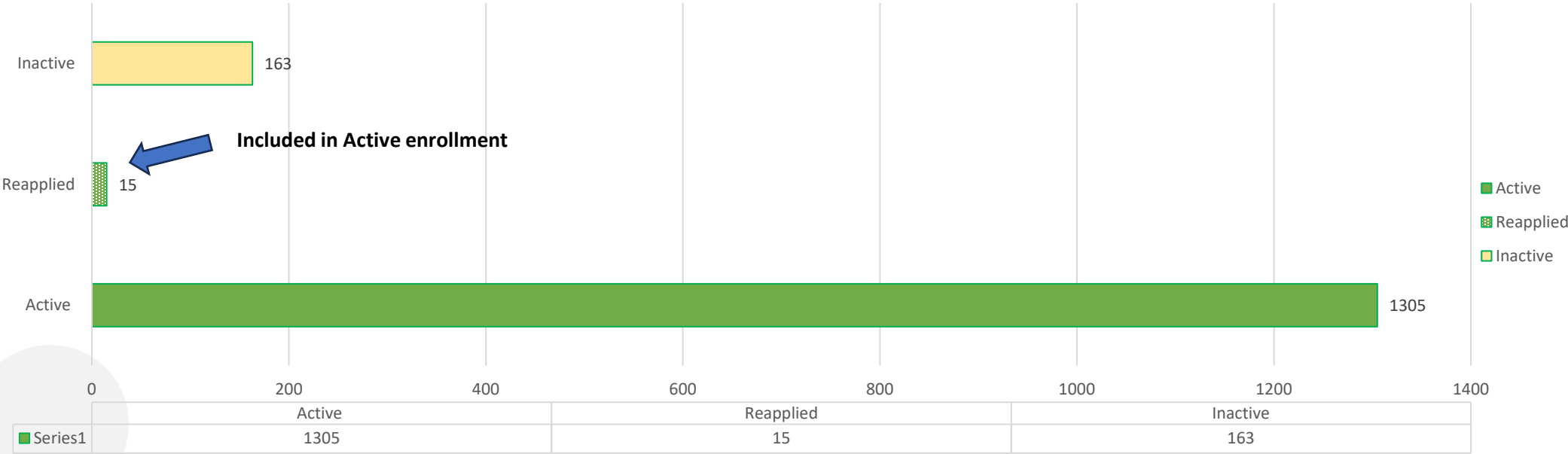
Date as of October 15, 2024

Total Active = 1305



Voluntary Exclusion Program

Active, Reapplied and Inactive enrollment as of October 15, 2024



VEP Virginia Regional Map
October 2024

