

**VA HIGHLANDS LHRC**  
Minutes  
February 15, 2022  
12:00 PM  
Virtual Meeting via ZoomGov

**MEMBERS PRESENT**

Gardner Umbarger – Chairperson  
Nancy Munsey – Member  
Barbara Bartnik – Secretary  
Michelle DeBord, LCSW– Member

**OTHERS PRESENT**

David Bohem – SHRC Member  
Matthew Woodlee, LMFT - SWVMHI  
Heather Oakes – DBHDS Human Rights Advocate  
Mykala Sauls – DBHDS Human Rights Advocate

**CALL TO ORDER**

The meeting was called to order by Gardner Umbarger, chairperson, at 12:07 PM.

**ROLL CALL/ATTENDANCE**

Those in attendance make introductions. Chair welcomes attendees.

**APPROVAL OF AGENDA**

A motion to approve the agendas is was made by Nancy Munsey seconded by Barb Bartnik, and unanimously approved by all members in attendance.

**APPROVAL OF MINUTES**

A motion to approve the VA Highlands LHRC minutes from December 14, 2021 was made by Michelle DeBord, seconded by Nancy Munsey, and unanimously approved by all members in attendance.

**PUBLIC COMMENTS**

Matt Woodlee, LMFT, provided an update about SWVMHI including information on continuing COVID-19 precautions, bed numbers, police drop offs and out of catchment patients.

**CHAIR ANNOUNCEMENTS**

None

**ADVOCATE REPORT AND TRAINING**

Heather Oakes provided an advocate report. See attached.

**OLD BUSINESS:**

None

## **NEW BUSINESS**

- SWVMHI restriction review (12:25p)
- Catawba LHRC Member Interview (12:45p)
- Community Connection Support (1:00p) – Restriction Review #1
- Community Connection Support (1:10p) – Restriction Review #2
- Community Connection Support (1:20p) – Restriction Review #3
- Highlands Community Services (1:30p) – BTP with Restriction Review

## **CLOSED SESSION**

Upon a motion made by Gardner Umbarger and seconded by Nancy Munsey, the committee entered closed session at 12:26 PM pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of treatment plans.

## **RETURN TO OPEN SESSION**

Upon a motion made by Gardner Umbarger and seconded by Michelle DeBord, and unanimously approved by all members in attendance, the committee returned to open session at 1:50 PM. Each member then certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session, namely to review an Individual's restrictive plan.

A motion to approve the Community Connection Support Restriction 1 was made by Gardner Umbarger, seconded by Michelle DeBord, and unanimously approved by all members in attendance. Roll call voting was used.

A motion to approve the Community Connection Support Restriction 2 was made by Gardner Umbarger, seconded by Michelle DeBord, and unanimously approved by all members in attendance. Roll call voting was used.

A motion to approve the Community Connection Support Restriction 3 was made by Gardner Umbarger, seconded by Michelle DeBord, and unanimously approved by all members in attendance. Roll call voting was used.

A motion to approve the Highlands Community Services behavioral treatment plan with restriction review was made by Gardner Umbarger seconded by Michelle DeBord and unanimously approved by all members in attendance. Roll call voting was used.

## **NEW BUSINESS (Open Session)**

None

## **MEETING ADJOURNED**

The meeting was adjourned at 2:15 PM by Gardner Umbarger, Chairperson. The next meeting will occur on May 10, 2022 at 12:00 PM.