

Southeast Alliance Local Human Rights Committee  
300 Medical Dr.  
Hampton, VA 23666  
04/17/2018 at 3:00 PM

**MEMBERS PRESENT**

Thomara Shoulders, Vice Chair  
Charles Ponquinette  
Candi Rhodes

**MEMBERS ABSENT**

Cassie DeSena Jacobs  
Sebrina Edwards, Chairperson

**OTHERS PRESENT**

Reginald Daye- Regional Advocate, DBHDS- Region 5  
Donna Kastelan- Human Rights Advocate-DBHDS, Region 5  
Roberta Plessinger- DD Day Support Program Mgr., Hampton-Newport News CSB (HNN-CSB)  
Karen Matthews- Compliance and Standards Mgr., Hampton-Newport News CSB (HNN-CSB)  
Carey Chappell- Director Quality Improvement (QI), Newport News Behavioral Health Center

**CALL TO ORDER**

Ms. Thomara Shoulders called meeting to order at 3:15 PM. Those in attendance made introductions to include their name and title.

**APPROVAL OF AGENDA**

**The April 17, 2018 agenda was motioned to be accepted by Dr. Ponquinette, seconded by Ms. Rhodes and unanimously approved by the committee members.**

**APPROVAL OF MINUTES**

Ms. Shoulders called for a review and approval of the Minutes from the previous meeting. The date at the top of the document reads “2017” and should read “2018”. **The approval of the January 16, 2018 minutes was motioned to be accepted by Dr. Ponquinette with the corrected date, seconded by Ms. Rhodes and unanimously approved by the committee members.**

**PUBLIC COMMENTS**

None

**CHAIR ANNOUNCEMENTS**

None

**ADVOCATE REPORT/REGIONAL ADVOCATE ANNOUNCEMENT:**

Mr. Daye made the announcements:

- Ms. Cassie DeSena Jacobs submitted her resignation.
- The committee currently has a full complement of members.
  - Members were asked to contact the Office of Human Rights if they know of anyone who may be interested in applying
- The SHRC will be meeting in Region 5 on Friday, April 20, 2018 at 8:30AM at Virginia Beach Psychiatric Center.

Ms. Matthews asked about the requirements necessary for a person to be considered for appointment to the committee. Mr. Day provided the criteria.

**New Business:**

None

**Old Business:**

Variances Update

- Newport News Behavioral Health Center-  
Carey Chappell, Director Quality Improvement (QI), presented an overview of its State Human Rights Committee (SHRC) approved variance to the LHRC members. The quarterly update is a requirement imposed by the SHRC when the variance was approved.
  - Telephone and visitation restriction
    - Both restrictions are active upon admission
    - Neither restrictions were used the first quarter
    - No complaints for the first quarter.

The program's variance is up for renewal in October 2020.

**CLOSED SESSION**

**Motion was made by Ms. Shoulders, seconded by Dr. Ponquinette and unanimously approved by the committee members at 3:15 PM that the SEA-LHRC will go into closed session pursuant to VA Code 2.2-3711(A), for the purposes of protecting the privacy of individuals in personal matters not related to public business, namely for the purpose of interviewing individual for a Next Friend Request involving an individual of Hampton-Newport News CSB.**

**RETURN TO OPEN SESSION**

**The committee reconvened in open session at 3:30 PM by unanimous vote on a motion by Ms. Shoulders and seconded by Ms. Rhodes. Each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session.**

**Recommendation: Motion was made by Dr. Ponquinette, seconded by Ms. Rhodes and unanimously approved by the committee members as follows:**

- Approve the appointment of Katie Thayer as Next Friend for "A"
- Dr. Ponquinette requested an update on the relationship at the next meeting.

**CLOSED SESSION**

**Motion was made by Ms. Shoulders, seconded by Ms. Rhodes and unanimously approved by the committee members at 3:40 PM that the SEA-LHRC will go into closed session pursuant to VA Code 2.2-3711(A), for the purposes of protecting the privacy of individuals in personal matters not related to public business, namely for the purpose of reviewing a behavioral plan involving the use of restraints for an individual of Hampton-Newport News CSB.**

Ms. Roberta Plessinger, Program Manager over Creative Options, presented specific details of the behavioral management plan of "J".

### **RETURN TO OPEN SESSION**

**The committee reconvened in open session at 3:45 PM by unanimous vote on a motion by Ms. Shoulders and seconded by Ms. Rhodes.** Each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session.

**A motion was made by Dr. Ponquinette, seconded by Ms. Rhodes and approved by the members to:** Approve the Behavioral Plan for "J" with quarterly updates.

### **TRAINING**

Participation in Decision-Making and Consent training provided by Ms. Kastelan. Clarification regarding the training was provided to the members by Mr. Daye.

### **MEETING ADJOURNED**

A motion made to adjourn the meeting by Ms. Shoulders and seconded by Ms. Rhodes at 4:00 PM with the unanimous approval of the committee members.

**NEXT MEETING DATE:** July 17, 2018 at 3:00 PM (HNNCSB- 300 Medical Drive; Hampton, VA)